



*"Very clever and well-written.  
Such a good idea too."*  
—Celia Walden, US Editor-at-Large,  
*The Daily Telegraph, UK.*

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## ***Adulterer's Wife: How to Thrive Whether You Stay or Not* by C. J. Grace Challenges Assumptions about Infidelity, Intimacy and Marriage**

Adultery is rarely out of the news. Sexual escapades of celebrities and politicians, almost always men, make great media fodder. What about the wives who are left devastated and need to rebuild their lives?

*Adulterer's Wife* gives women tools to help overcome feelings of anger, loneliness, fear and betrayal. "Women need to take back power and gain independence, find increased self-reliance and joy, as well as more adventure, a new circle of friends, and psychological or even spiritual transformation," writes Grace. "Husbands should never become the center of their wives' universe, whether they stay or leave."

On June 21, while vacationing in England, Grace spoke live on the BBC's flagship radio show *Woman's Hour*, with over 3.5 million listeners. "I wrote this book to help women let go of toxic emotions such as blame, hatred and revenge," she said. "The sweetest revenge is to get over the need for it." Grace added: e added, "When a woman is going through the toxic emotions that adultery causes, she tends to forget about the stress that her children have, particularly when they don't know the cause, making them feel abandoned."

Rather than discussing couples therapy or divorce, *Adulterer's Wife* shows readers:

- How to decide if a marriage is worth saving.
- How to deal with the other woman.
- How to rescue a poor sex life—with one's husband or someone else.
- The importance of making informed choices, such as knowing about finances.

Hilarious cartoons spice the pages, as do tales of adultery involving people from many countries and all walks of life. Some stories are outrageous, some poignant and some will make you laugh out loud

Having worked as a BBC staff journalist and lived in America, Europe and Asia, C. J. Grace concludes that no country has a monopoly for lunacy as regards sex and relationships. "It's just that in each the qualities of nuttiness (and even naughtiness) are slightly different," Grace says.

*Adulterer's Wife*, published by Jerome Headlands Press, is in print and Kindle formats on Amazon.

C. J. Grace articles on *Huffington Post*: <http://www.huffingtonpost.com/author/c-j-grace>

C. J. Grace BBC Radio Interviews: <http://www.adultererswife.com/media/cj-grace-radio-interviews/>

C. J. Grace Jealous Bitch Blog: <http://www.adultererswife.com>